

chicchoices

Gifts and new products ideal for any occasion

COMPILED BY MARY SHUSTACK



SNACK TIME

Be honest. Who's going to turn down a cookie, especially when it's still an hour before quitting time and you've got a craving that just won't stop? No need to grab the nearest white-sugar, white-flour treat, gobble it up and then feel the crash, though. Instead opt for The 4:00 Cookie, and any feelings of guilt will be gone. It's all thanks to Debra Holstein, a veteran product consultant who not only created this groundbreaking cookie but sent the WAG staff a box to sample. Made in Westchester with wholesome ingredients (slowabsorbing whole grains and low-glycemic coconut flower sugar, along with nuts, fruits and dark chocolate), this cookie is now found in more than 30 regional stores and a signature retail space in Rye. Our delivery had the WAG staffers scrambling over flavors, including wild blueberry almond, fig, dark chocolate and coconut, cherry, dark chocolate and hazelnut and cranberry trail mix. With the product line now also including gluten-free cookies, homemade granola and 8:00 muffins, Holstein has your healthy snacking needs covered no matter what time the clock says. The cookies are \$3 each in stores; in packages of six for \$15 online.

For more, visit 4oclockcookie.com.



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